Common Symptoms

• GERD, gastritis, or peptic ulcer
• Symptoms may mimic other conditions, such as:
  • Sense of fullness after eating small amounts
  • Vomiting blood or blood in the stool
  • Weakness and fatigue
  • Loss of appetite and/or unexplained weight loss
  • Diarrhea or constipation
  • Nausea and vomiting and/or bloating after meals
  • Discomfort or pain in the abdomen
  • Indigestion, heartburn, or difficulty swallowing

To learn more visit: NoStomachForCancer.org

STOMACH CANCER FACTS
Supporting Research. Empowering Families.

• 3rd leading cause of cancer deaths worldwide
• Affects young adults in their 20s, 30s, and 40s
• May be hereditary (HDGC), with up to 80% risk
• Typically diagnosed in late stages
• 5 year survival rate for stage IV patients is only 4%, overall rate is about 29%
• Almost 1 Million new cases diagnosed every year

If you have persistent symptoms, request endoscopy screening (with multiple biopsies when appropriate.) If you are not getting the answers you need, trust your gut…be persistent!
**Risk Factors**

Family history of the following:
- Hereditary non-polyposis colorectal cancer
- Familial adenomatous polyposis
- BRCA1 or BRCA2 mutations
- Stomach cancer
- Race (more common in Asians, Pacific Islanders, Hispanics, and African Americans than in non-Hispanic Caucasian Americans)
- Helicobacter pylori infection
- Diet high in smoked, salted or pickled foods

- Tobacco use
- Obesity
- Megaloblastic (pernicious) anemia
- Age 50 and over
- Male gender
- Having blood type A
- History of stomach polyps or stomach lymphoma
- Long term inflammation of stomach
- Environmental exposure to dusts and fumes

To learn more visit: [NoStomachForCancer.org](http://NoStomachForCancer.org)  
or call: (608) 692-5141